

**ULSTER PROVINCIAL BOXING COUNCIL I.A.B.A  
PRESENTS  
INTERMEDIATE CHAMPIONSHIPS OF ULSTER 2010  
CONDITIONS OF ENTRY.**

This Championship is open to **Men and Women Boxers** who have reached the age of **17 years** and are under **34 years on the 31<sup>st</sup> October 2010.**

**ENTRY FEE:** £10.00 per boxer to be paid at initial Weigh - In.

**WEIGH-IN:** Will take place on Sunday 31<sup>s</sup> October 2010 from 10.00am – 11.00am at the following venues: -

**St. Agnes ABC, Belfast.  
Clonoe ABC. Coalisland, Co. Tyrone and  
Ring Amateur Boxing Club, Derry.**

Medical Record Cards must be produced at the Weigh- In.

Boxers must advise the Doctor of any Medication which they are taking or have taken during the previous four weeks. Boxers must present themselves Clean Shaven at the Weigh – In and on the days they are required to box.

**DRAW:** On receipt of the Entries from the three venues the Draw will be made at the **St. Agnes ABC** on Sunday 31<sup>st</sup> October at approx 12 noon.

**PRELIMS:** Dockers Club, Monday 1<sup>st</sup> – 4<sup>th</sup> November at 8.00 pm.

**SEMI-FINALS:** Dockers Club on Friday 5<sup>th</sup> November at 8.00pm  
**ADMISSION FEE TO PRELIMS AND SEMI-FINALS £5.00**

**FINALS:** In the Dockers Club on Friday 12<sup>th</sup> November 2010 at 8.00pm  
Weigh - In 7.15pm - 7.45pm  
**ADMISSION FEE TO FINALS £10.00**

**MORNING WEIGH - IN  
BY REQUEST ONLY AT ALL THREE INITIAL WEIGH – IN VENUES**

**COACHES:** Must wear **TRACK SUITS** and supply own water bottle / spray and endeavour to set a high standard of hygiene in the corners

**ALL MEN CONTESTS WILL BE 3 x 3 MINUTE ROUNDS  
ALL WOMEN CONTEST WILL BE 4 x 2 MINUTE ROUNDS**

**RED and BLUE VESTS SHOULD BE USED OR CLUB COLOURS WITH RED OR BLUE HEADGUARDS FOR APPROPRIATE CORNERS.**

**MEN WEIGHTS:** 48kg, 51kg, 54kg, 57kg, 60kg, 64kg, 67kg, 71kg, 75kg, 81kg, 85kg, 91kg & 91+kg

**WOMEN WEIGHTS:** 46kg,48kg,50kg,52kg,54kg,57kg,60kg,63kg,66kg,70kg,75kg,80kg & 86kg.

**PLEASE DISPLAY THIS CIRCULAR ON CLUB NOTICE BOARD**

It is requested that all entries for these Championships be sent to the Hon. Secretary

Email: [duffy07@eircom.net](mailto:duffy07@eircom.net)

Tel: 0035374 9361353

Mobile: 00353862236088