

DONEGAL CO. BOARD I.A.B.A
PRESENTS
NORTH WEST ZONES BOY/GIRL 1,2AND 3 CHAMPIONSHIPS
CONDITIONS OF ENTRY.

This Championship is open to **Boxers AGE 11,12 AND 13 Yrs.**

WEIGH-IN: Will take place on Sunday 14TH MARCH 2010 from 9.30am – 11.00am at the
Following venue: -

LETTERKENNY GYM CO.DONEGAL

Medical Record Books must be produced at the Weigh- In.

DRAW: WILL TAKE PLACE AT 12PM.

SEMI-FINALS/ FINALS MAY BE BOXED DURING THE WEEK

ENTRY FEE: £3.00 OR €5.00 per boxer to be paid at initial Weigh - In.

COACHES: Must wear **TRACK SUITS** and supply own water bottle / spray
And endeavour to set a high standard of hygiene in the corners

ALL CONTEST WILL BE 3 x 1.5 MINUTE ROUNDS
RED and BLUE VESTS SHOULD BE USED OR CLUB COLOURS WITH RED OR BLUE
HEADGUARDS FOR APPROPRIATE CORNERS.

PLEASE DISPLAY THIS CIRCULAR ON CLUB NOTICE BOARD

Hon. Secretary OF DONEGAL CO.BOARD JAMES MC CARRON

Email: JIMBOBMCCARRON@YAHOO.CO.UK

Tel: 00353749155705

Mobile: 00353857527331